

# Jubbly 663

14<sup>th</sup> April 2009

## Brooke brings home Bronze

Brooke Graddon from Plymouth Diving was in action last week at the European Championships in Turin, Italy. Brooke had earned her place on the team by virtue of her third place at the British Championships and was in great form in the week before she left. Unfortunately she couldn't take coach Andy Banks with her on this occasion so was coached instead by Edwin Jongejans from Leeds. This didn't alter her confidence at all and she qualified for the final in 2<sup>nd</sup> place behind Russian Olympic medalist, Yulia Kultunova.

In the final she stepped up another gear as did her closest competition rivals and she still managed to hang on for bronze only one point from silver behind Kultunova and Germany's Nora Subchinski, World Cup medalist.

This is a fantastic result for Brooke and also means that she has received a last minute call up to the World Series in Sheffield this week and also to the Fort Lauderdale Grand Prix in May. Well done Brooke from the whole club!

## World Series 2009

Tom Daley was recently in action at the World Series in Qatar and China competing against the World's best for prize money. In Qatar Tom was drawn in the semi final with both Chinese divers and finished in 4<sup>th</sup> place missing out on the final by 2 points to his adversary from the Junior World Championships from last year, Qui Bo. In China however he upped his game dramatically. In his semi final he was again drawn against stiff competition, in the shape of Olympic Champion Matt Mitcham from Australia, but had no problems winning it ahead of Jenkler Aguirre from Cuba, leaving Mitcham in third and out of the final.

Once in the final he found himself against two tough Chinese competitors once again but was able to take third place and probably for him, more importantly for him, he upped his PB to 540 points! Tom is now off to Sheffield for the GB leg of the 2009 World Series and then jets off to Mexico for the final leg the following week.

## ★ STAR OF THE WEEK! ★

### ALICE AVENS - Z SQUAD

Alice is one of our newest divers (started late 2008) and recently debuted in competition at the regional skills competitions where she made a National Skills qualifying score. Following this she has added a number of dives to her repertoire including forward one and a half somersaults on 1m and reverse dive on 3m! Well done Alice!

<u>CALENDAR - WHEN</u>	<u>WHERE</u>	<u>WHO</u>
<i>G Star - 24-26 April</i>	<i>Leeds - deposits due NOW!</i>	<i>B Squad</i>
<i>Elite Junior Nationals - 25-29 May</i>	<i>Sheffield</i>	<i>Selected divers from B Squad</i>
<i>National Age Group Champs - 3-5 July</i>	<i>Leeds</i>	<i>Selected divers from C &amp; Club A Squads</i>

### Looking ahead.....

#### Easter Raffle

Don't forget to come into the office to get your Easter Egg raffle tickets - available until 19<sup>th</sup> April.

#### Development Day

We have a number of things coming up for club divers that you may be interested in.

During May Whitsun Holiday we have another of our popular Development Days.

Wednesday 27<sup>th</sup> May is now available for booking and depending on demand we could add another day!

#### May Half Term Lessons

For all beginner and improver divers we will have diving lessons available over the Whitsun week. Beginners will start at 10.15am and Improvers at 11.15am. Both for 45 mins. Course will run from Tues 26<sup>th</sup> - Friday 29<sup>th</sup>. Call into the office to book!

#### Medical Study

For all divers who are participating in Dr Mike Burdon's Injury study, a reminder to fill in an injury form when one occurs and make sure we have it in the office straight away.

#### International Competition- End of the year

We are looking to send a team to a club international competition at the back end of the year. One possibility at the moment is Lund, in Sweden in October half term. This event would be open to divers in C Squad and above that meet a minimum requirement in terms of their dive lists. More information will be out as soon as we have it.

#### School Talent Search

Plymouth Diving are looking at starting a talent search in Plymouth Schools during May and June where we hope to select a brand new TID squad who will start training over the summer - watch this space!