

Jubbly 661

24th February 2009

ARMADA CUP CHAMPIONS!

Finally, after hosting what is probably the premier club meet of the year for the last 9 years..... we take back the team title!

Plymouth Diving heaved a sigh of relief as the final diver of the weekend, Harry Glover (new nickname 'The Saviour'), pulled up from 6th place to 4th in his 3 metre final to ensure that Plymouth won the team title (albeit sharing the trophy with Southampton!)

Despite Plymouth putting on a great show every year, the travelling teams have always taken home most of the spoils, but this year a number of outstanding performances from our team members ensured that Plymouth led from the start. Getting us off to a great start were our platform superstars – Tom Daley, Tonia Couch and Brooke Graddon who destroyed the opposition to win their competitions. They also turned out very good springboard performances as well with Tom taking two more golds, Tonia another gold and Brooke a bronze medal! To round off a great couple of days work Harry Glover also won gold in his Boys A platform event.

And at the younger end of the programme our emerging crop of young talent were also diving well. Matthew Dixon (8), Shanice Lobb (10) and Kayleigh Sinclair (10) all made all 3 of their finals with Matthew taking one bronze, Kayleigh taking a silver and Shanice a silver and two bronzes. All three of these divers had competed before but had not featured and have obviously worked hard over the last year to become strong contenders for the Elite Junior finals in May. In group C, Jenny Bunsell (11) and Kasia Ablamowicz (11) each made a final. Jenny on 1 metre improved from 6th place in qualifying to bronze medal position in the final. And in the 3 metre event Kasia had a superb preliminary event finishing in 4th place (incredible as she had slipped off the 1 metre board during that event badly scraping her knee). In the final she held on for 5th place for some valuable team points.

In the boys B events there were mixed fortunes for Ashley Hendrick (13) who had made the platform final comfortably and made 4th place. But in the springboard he came unstuck and didn't feature. Drew Cunningham (13) also made the platform final and finished in 6th place but again struggled slightly in the springboard. In boys group A Aaron Walters made his 1 metre final finishing in 4th place and Harry Glover made both the platform and 3 metre finals claiming a gold medal in the platform and a 4th place in the 3 metre. Both these performances helped the team challenge enormously.

There were also a number of encouraging performances from younger team members some of whom were trying out the Armada Cup for the first time. Ollie Piper (10) dived really well in the Boys D 3 metre competition finishing 9th and claiming some team points. Owen Weymouth (10) also in boys D dived well in the 1 metre to finish 10th also taking team points. Max Tipping (11) made 11th place in the Boys C platform to take some team points and Abi Braddon (12) in the girls C 1 metre finished 11th to help the team challenge. In the girls group B Charlotte Donoghue (13) came tantalizingly close to a final place in the platform finishing in 7th and also claimed team points in the 1 metre event. **FOR MORE RESULTS LOG IN TO DIVE RECORDER.COM!!**

Diving news & views for Parents and Divers involved in the Plymouth Diving Programme

ARMADA CUP contd: Finally can I just take this opportunity to thank all our volunteers over the weekend - suffice to say, we definitely could not run this event without you every year as just the diving aspect takes up so much of our time!

Main contributors as ever were: *John Allan (Dive Recorder), Jayne Glynn & Carolyn Glover (Recording), Lesley Mac and Sue Barrow (Balcony), the Walters (medals and marshals), Becky Lidstone (raffle), Rob Daley (clear-up) and all other mums and dads who marshalled, cleared up, assisted divers, brought me regular cups of tea, and generally helped wherever was needed!*

I will try and list you all but apologies if I miss anyone!:

Denise Mulvihill, Linda Bunsell, Angela King, Allison Flack, Sue Grubb, Sarah Elver, Kevin McDonald, Donna Dixon, Gail Coath, John Smith, Caroline Norfolk, Helen Kennedy, Jane Donoghue, Kathy Hendrick, Julie Waters, Chris Couch, Kira Figg, Helen Tipping, Sally Couch, Tracey Cunningham and Tony Easton.

And all our medal bearers: *Matt, Eloise, Shanice, George, Millie, Holly, Jess, Shana, Euan, Bradley, Ben, Abbey, Charlotte & Laura*

YOU CAN ALL GIVE YOURSELVES A BIG GOLD STAR!

South West Regional Novices – 7th March – Plymouth

There is an opportunity for our Skills & Club divers to dive in the regional novice competitions in Plymouth on Saturday 7th March. This is a low level event and once the conditions are finalized we will inform the relevant divers who are eligible to take part.

British Championships 2009 - Sheffield

Tom Daley, Tonia Couch & Brooke Graddon were all in action at the British Championships recently, defending their British titles.

Tom missed out on performing in the synchronized platform event as his partner was out of action but was in emphatic form in the individual event winning by over 100 points in each round of competition.

This has ensured him a place on the World Championship team in Italy, in July and sets him up for another busy year competing in Qatar, Fort Lauderdale, Mexico, Rome, Sheffield and China.

Tonia and Brooke were battling it out in the women's platform event against their old team mate and rival, Sarah Barrow, now diving for Leeds. In the final Sarah edged ahead to take the British title with Tonia finishing second and Brooke settling for bronze on this occasion. Tonia qualifies for the World Championships and Brooke the European Championships (April). Tonia also joins Tom in Qatar, China, Fort Lauderdale, Mexico and Sheffield.

Tonia teamed up with her partner from Beijing, Stacie Powell from Southampton, now training with the Harvard Diving team in the USA. And this event saw an upset with the talented Galashan twins from Leeds taking the British title from Stacie and Tonia which makes team selections for the year very interesting.

CALENDAR - WHEN

WHERE

WHO

REGIONAL NOVICES - PLYMOUTH

MARCH 7TH

SOME SKILLS & CLUB DIVERS

SHIPLEY NOVICES - BRADFORD

MARCH 14-15

SKILLS & CLUB DIVERS

G STAR CHAMPIONSHIPS – LEEDS

APRIL 24-26

Some C & B SQUAD
