

# Jubbly 650

31 March 2008

## DIVE SHOW SOLD OUT!

Just a few standing tickets remain!!

### STAR OF THE WEEK

Our star of the week is Alfie Wills in the Level 1 competitive group, who was nominated by his coach because he has been listening really well and trying very hard to take all his coaching comments on board. Well done Alfie – keep up the good work!

### TRAINING CHANGES

Due to the dive show practice on Friday evening, there will be no normal training in the pool or dive gym.

Saturday morning beginners & improvers are normal up to 11.15. Level 1 & 2 training at 11.15 is cancelled due to the dive shows.

Also – no Saturday afternoon or Sunday morning squad training. Apologies for any inconvenience.

### NEXT ASSESSMENTS

The next Intermediate & Advanced Group assessments will be just before the May half term, from 19-24 May.

### HARROGATE

Don't forget the deadline for Harrogate consent forms is 11<sup>th</sup> April. We will have final costings for you after that date.

To those of you who have volunteered to drive/chaperone we actually have more volunteers than we need (for once!), so we will confirm who will be travelling with the team once we know final numbers. Many thanks to all those who have put their name forward.

### NATIONAL AGE GROUPS

Many thanks to Carolyn and Linda who did a superb job chaperoning. Well done to the divers for some excellent performances, but more importantly, for being a great team!

Report: A small team of 11 divers travelled to Southampton for the National Age Group Championships.

It's the rung below the Elite performance level of the sport and gives divers an opportunity to compete for top National honours. For some divers, this provides a stepping stone to the elite level and for others, this is the most important competition of the year and their chance to shine on the National stage.

Despite fielding a small Team, Plymouth's divers were keen to show that Thomas Daley isn't the only star from the City as they picked up 3 gold medals, a silver and a bronze, with several very unlucky fourth places.

The competitions were long and tough, so these were excellent results.

Elliott Hatherley and Emma Barrow, continued a long tradition of success on the platform for Plymouth, both winning gold in the 16-18 years boys & girls platform events.

Elliott also teamed up with Harry Glover to win gold in the synchronised 3m event, while Harry won bronze in the 16-18 boys platform.

Another platform medal came for Ashley Hendrick who won a silver in the 12-13 Boys Platform.

Daniel Olssen was the unluckiest member of the team, with two 4<sup>th</sup> places and a 5<sup>th</sup> in the 14-15 years boys events.

Charlotte Donoghue also lucked out with a 4<sup>th</sup> place in the 12-13 years girls platform and 5<sup>th</sup> on 1m and in the synchronised 1m, she finished 4<sup>th</sup> with partner Jenny Bunsell.

There was another painful 4<sup>th</sup> for Ashley Hendrick and Drew Cunningham in the Boys synchronised 1m event.

Drew also picked up two extremely well-deserved top 6 finishes, in the 12-13 boys 1m & platform events.

There was yet another top 6 finish for Jack Glover in the 14-15 Boys Platform, despite diving with a broken finger!

Kayleigh Sinclair made a spectacular debut at this level, picking up a hard earned 6<sup>th</sup> place in the 10-11 girls 3m event, whilst Jenny Bunsell was 6<sup>th</sup> in the same age group on 1m and platform.

Hannah Waters was also making her debut and performed a little nervously to finish with 13<sup>th</sup> and 14<sup>th</sup> places.

Ten divers recorded at least one top 6 finish – a remarkable achievement. The number of fourth places show the majority of these divers are really knocking on the door to greater success and looking to follow in the footsteps of their better known team mates.

### SAM OFF SOON

Only 4 more working weeks for Sam. Please be patient as Andy tries to get to grips with everything that goes on in the programme!

**DEVELOPMENT DAY & PRIVATE  
LESSON SPOTS STILL AVAILABLE  
FOR EASTER.**

| <b>MAIN PROGRAMME DATES</b>        |  |                        |
|------------------------------------|--|------------------------|
| <b>4 April</b>                     | <b>Dive show final practice – 4.15-6pm<br/>No regular training or dive gym<br/>Dinner/dance, Duke of Cornwall</b>                    |                        |
| <b>5-6 April</b>                   | <b>Dive Shows<br/>Regular diving Sat 9-11.15 – all others cancelled</b>  |                        |
| <b>7-11 &amp; 14-18 April</b>      | <b>Easter holiday courses – development days &amp; private lessons available, plus crash courses for those who want to do awards</b> |                        |
| <b>12 &amp; 13 April</b>           | <b>Diving as normal (except beginner &amp; improver classes)</b>   |                        |
| <b>26 April</b>                    | <b>Next Flip 'n' Fun competition – details soon</b>  |                        |
| <b>5 May</b>                       | <b>Bank holiday, no diving</b>   |                        |
| <b>19-24 May</b>                   | <b>Next Intermediate/Advanced Group assessments</b>  |                        |
| <b>26 May</b>                      | <b>Bank holiday – no diving</b>  |                        |
| <b>27-30 May</b>                   | <b>Half term courses</b>   |                        |
|                                    |  |                        |
| <b>COMPETITIVE PROGRAMME DATES</b> |  |                        |
| <b>5 May</b>                       | <b>Bank holiday – no diving</b>  |                        |
| <b>10-11 May</b>                   | <b>Hydro Novices, Harrogate (confirmed date – apologies for the confusion)</b>   | <b>Info out 10/3</b>   |
| <b>26 May</b>                      | <b>Bank holiday – no diving</b>  |                        |
| <b>26-30 May</b>                   | <b>National Elite Juniors</b>  | <b>Selected divers</b> |