

# Jubbly 632

10th September 2007

## THOMAS DIVES INTO WORLD LEVEL FINAL

. . . where he finished just 5 points behind the World Champion in 4<sup>th</sup> place!

See over for full report from the Herald.

### STAR OF THE WEEK

#### LIAM CHILCOTT – novice squad

Liam has only recently move to the Novice Squad and is working really hard and meeting the challenge of his new group.

Well done Liam, keep up the good work!!

### FLIP AND FUN COMPETITION

By now, absolutely everyone in the Intermediate and Advanced Groups and the Novice Squads should have received information on the Flip and Fun competition. Please stick to the 15<sup>th</sup> Sept deadline in order that we can put out a finalised time table and give everyone plenty of notice.

### HALF TERM DEVELOPMENT DAYS

For the first time, we are relaxing the minimum grade requirement for Development Days.

During the first of 3 half term development days we will accept children who have passed Grade 2 (the minimum requirement is usually Grade 4). The other 2 days are as normal (grade 4 +).

Please book early to avoid disappointment, leaflets are available now.

### STAFF HOLIDAY

Please note – Sally and Fito are in Mexico from 12<sup>th</sup> Sept to 4<sup>th</sup> October.

Their classes will remain the same, but different coaches will be taking them.

### PRIVATE RIG SESSIONS

During half term, Andy has offered to put on some on-on-one wet rig sessions for competitive level divers who are working towards a minimum of forward 2½, back 1½ or reverse 1½.

It's rare for Andy to be available during the school holidays, so make the most of this and come into the office to book a session!

### RUN FOR CHARITY

Along with Sam's husband Pete and former coach Dan Harrison, Fito and Sally ran a 10k race at Lanhydrock for cancer research at the weekend.

Pete lost both his parents to cancer and tries to raise lots of money for the cause.

The 4 ran in fairy outfits and beautiful they looked too!! Pete finished in 48 mins, Fito in 52 mins, Sally in 79 mins and Dan in 81.

It was a great day out. If any of you are feeling generous, you can donate on any of the following:

[www.10ksponsorme.org/petegrevett](http://www.10ksponsorme.org/petegrevett)  
[www.10ksponsorme.org/danharrison](http://www.10ksponsorme.org/danharrison)  
[www.justgiving.com/sally\\_stlukeshospice](http://www.justgiving.com/sally_stlukeshospice)  
[www.justgiving.com/fito\\_gutierrez\\_10k](http://www.justgiving.com/fito_gutierrez_10k)

They don't mind who you donate to, so won't be offended if you choose one over the other, or you could be diplomatic and sponsor a little to each one!



## Diving news & views for Parents and Divers involved in the Plymouth Diving Programme, Intermediate Group upwards

### DALEY IMPRESSES AT WORLD SERIES EVENT

HERALD, 04 September 2007

Tom Daley has applied more pressure on Great Britain's Olympic selectors after coming within a whisker of returning to Plymouth with a bronze medal from the FINA World Series meeting at Sheffield.

Daley, a late replacement for injured British number one and Olympic silver medallist, Peter Waterfield, finished just five points behind world champion Gleb Galperin in the daunting 10m men's platform event.

The 13-year-old sensation, who also achieved a personal best total in the synchronised men's platform with partner Callum Johnstone told Herald Sport: 'I could have done better'.

Displaying a maturity and confidence of athletes twice his years and who by definition are physically stronger, Daley rubbed shoulders with the sport's elite at the weekend's prestigious two-day meet.

Daley had been invited to take part in the inaugural World Series, with his Plymouth Diving Club team-mate, Tonia Couch.

The pair were up against the best divers on the planet and most definitely the single most stellar cast list assembled in Britain.

The Eggbuckland Community College student totalled 441.25 points in his most important senior individual meet, coming agonisingly close to Russia's Galperin, who took the third podium place with 446.55 points.

In the synchro competition Daley and Leeds' Johnstone earned GB a fifth-placed finish with a PB of 388.89.

Daley was annoyed at himself for having dropped two of his six dives but says he will take confidence from that.

He said: "Yes, I'm very happy with my form and my performances, although I was quite nervous going into the competition.

"It was pretty daunting to be honest, but I just focused on what I had to do and put all my efforts into that.

"I was disappointed, obviously, with two of

my dives but in a funny way that has given me more confidence.

"I know now that I can do better, so I don't feel too bad about missing out on the bronze medal. although it would have been brilliant standing in for someone as great as Peter (Waterfield) to have come third.

"My mum and dad were there and they were over the moon with how things went for me".

"But it was a real experience being there and the cheering and applause were amazing".

"When I think of London 2012 (Olympics) I realise it will be twice that level of noise and that's fantastic and really something to look forward to."

Maybe, though, the city schoolboy who returns to his studies tomorrow, won't have to wait that long.

For if they did not already, the world's coaches now know just what a phenomenon Daley has become and that he will be old enough by almost three months to compete in Beijing in 2008.

And another of the city's Olympic aspirants Couch, also gave her international standing a timely nudge.

The 18-year-old, like her Plymouth Diving Club colleague was competing in individual and synchronised events.

Couch was unlucky to be in the toughest semi-final - had she been in the other, she would have comfortably made the final with her actual score, placing her fourth.

Unfortunately, she was competing against reigning world champion Ruolin Chen from China and a Canada's former world champion Emilie Heyman and had to settle for third place in her semi.

Only the top two divers from each semi-final went through to the final.

Couch's performance, though, was her most confident and consistent international performance to date and will be a huge boost as she moves towards the British Championships and the World Cup trial in January.

In the synchro, Couch and long-term partner, Southampton's Stacie Powell, produced one of their finest performances,

as Plymouth Diving's programme director and coach, Sam Grevett, explained.

"They were extremely unlucky to miss out on a medal as they were in third position for almost the entire competition".

"But they were overhauled by the Australian world championship medallists on the final dive and finished fourth".

"However, Tonia and Stacie did beat world bronze medallists and European champions, Germany which will give them the belief that they are most certainly capable of qualifying for Beijing."

Regularly used terms: Intermediate Group - divers working towards Grade 5 & BS1 & 2. Advanced Group - divers that have passed Grade 5 & Board Skills 2. Squads competitive training groups. Novices - first rung of competitive ladder. Intermediate/Age Groups - next rung of competitive ladder. Elite Juniors - highest level domestic event for divers aged 9-18. Junior - 18 & under. Senior - all ages (where you will find our elite Olympic divers).

Diving balcony etiquette - Parents please do not coach your children or call them over during classes, Divers must be clothed and wearing shoes when on the balcony and if you are using still or video cameras, please sign the book at reception and ensure you only take footage of your own child.

Parent Liaison - Jayne Glynn, [jayne@plymouthdiving.com](mailto:jayne@plymouthdiving.com), 07944361424

Child Protection - Plymouth Diving's independent Welfare Officer, Kathy Hancock, [kathy@plymouthdiving.com](mailto:kathy@plymouthdiving.com), 07759266041, Plymouth City Sports Child Protection Officer, Sam Grevett 01752 607206, ASA Swimline 0808 100 401

### IMPORTANT DATES

15/9	Flip and fun entry deadline
21/9	Deadline for White Rose entries
29/9	Flip and fun competition
12-14/10	White Rose Competition