

JUBBLY 612

27th November 2006

DEVELOPMENT COMPETITION & XMAS PARTY INFORMATION ATTACHED

Please note – this time, the Development competition is only for Squad divers, the Halloween one was for Intermediate and Advanced Group divers. However, even if your child is not diving, please feel free to come and watch some of our top divers in action.

NEWSLETTERS

Even if the days were 30 hours long and weeks had 8 days, there still wouldn't be enough time to get everything done, therefore after 14 years of weekly newsletters, we are only going to produce a Jubbly once a month.

Anything else which is urgent, will be notified to you via e-mail, on the website, or by post.

LUTON

Our divers competed in Luton at the weekend and we had some superb results.

Despite a bit of a scare, Thomas showed his class to come through

2 tough events, winning the 12-13 years boys platform and 1m.

Claire Wonnacott had her most successful Luton ever, winning the 1m ahead of Commonwealth Games team member and Senior International Rebecca Gallantree from Leeds.

Claire and Thomas also finished 2nd in the Luton Challenge Pairs knockout.

Buoyed by some great performances recently, Aaron Walters put in 2 confident performances to finish 3rd on both 1m and 3m in the 14-15 boys category (diving up in next year's age group).

Ashley Hendrick was unlucky to miss out on a finals place by just 1 point in the 12-13 years platform (diving in next year's age group category).

Charlotte Donoghue was using some more difficult new dives, which didn't quite pay off this time, but it's all about gaining experience using them, so they will get better for next time.

This was Matthew King's first competition back after a significant injury break earlier in the year, so he was a little tentative, but this will be good preparation for next year's competition season.

Regularly used terms: JOP - Lottery Funded Junior Olympic Programme at World Class Potential level – the UK's top Juniors. Intermediate Group - divers working towards Grade 4 & 5. Advanced Group - divers that have passed Grade 5 & Board Skills 2. Squads competitive training groups. Novices - first rung of competitive ladder. Intermediate/Age Groups - next rung of competitive ladder. Elite Juniors - highest level domestic event for divers aged 9-18. Junior – 18 & under. Senior – all ages (where you will find our elite Olympic divers).

Diving balcony etiquette – Parents please do not coach your children or call them over during classes, Divers must be clothed and wearing shoes when on the balcony and if you are using still or video cameras, please sign the book at reception and ensure you only take footage of your own child.

Child Protection – Plymouth Diving's independent Welfare Officer, Kathy Hancock, 07759266042, Plymouth City Sports Child Protection Officer, Sam Grevett 01752 607206, ASA Swimline 0800 100 401

Useful references – www.plymouthdiving.com (everything you need to know about the programme, including newsletters and important documents/competition information etc), www.britishswimming.org (the governing body website)

Central Park Pool, Outland Rd,
Milehouse, Plymouth PL2 3DG
Tel: 01752 607206 Fax: 01752 607207
E-mail: plymouthdiving@aol.com
www.plymouthdiving.com

Plymouth Diving are sponsored by:


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ENGLISH SCHOOLS

A team of 7 divers from Plymouth went to the National Schools Championships in Bedford, the weekend before Luton. They represent their schools at this competition, not the club.

Thomas Daley was exceptional and won his age group category by a huge margin of 85 points. This was good preparation for this forthcoming British Championships where he will attempt to defend his 18 & under 3m title.

Ros Le Grys, Jess Taylor and Aaron Walters all continued their recent good form to pick up bronze medals in their age groups.

Jane Allan dived well, but is struggling to compete her new forward 2½ somersaults as well as she trains it! That's just about experience and the more she uses it, the more confident she will become. She still managed a very respectable 6th place.

Jenny Bunsell and Oliver Markwick were the 2 babies on the team and for Olly, this was his first trip away from home.

Both competed their back 1½ for the first time on 3m and Oliver finished 7th and Jenny placed 8th.

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Unfortunately, Kyle Prior was ruled out of the event at the last minute due to an injury.

Well done and many thanks to Rob & Debbie Daley who chaperoned and drove to both events.

SPORTS AWARDS

Plymouth's Evening Herald Sports Awards are taking place at the Pavilions on 4th December. It's a truly grand affair and was very successful for us last year when we won top Coach, top Team, top Amateur Sports Person and top Young Sports Person!

This year, Tonia Couch has been short listed for the Amateur Sports Person of the year, Thomas Daley and Kyle Prior have been short listed for the Young Sports Person of the year (the first time that 1 sport has had 2 short listed in the same category) and Plymouth Diving have been short listed for Team of the Year.

CHRISTMAS CLOSURE

Our last night for lessons is Friday 22nd December.

Classes resume on 2nd January.

FULL FEES ARE DUE.

TEAM KIT

More polo shirts and tracksuits are on order.

The polo shirts we will definitely have before Christmas, but I won't hold my breath about the tracksuits!!

Don't forget, we still have quite a few in stock and it's a great Xmas pressie!

Anyone is welcome to purchase team kit, it is just compulsory for those who compete for us.

BRITISH CHAMPIONSHIPS

Good luck to Tonia Couch, Brooke Graddon, Kyle Prior, Thomas Daley, Sarah Barrow and Claire Wonnacott, who travel to Manchester on 13th December for the British Championships. These will also be the trials for the World Championships, so there is a huge amount at stake.

The World Championships in Melbourne's Commonwealth Games pool in March will herald the first of only 2 opportunities for divers to qualify places for their Country in the Beijing Olympics (they don't qualify themselves, only the Country, then it's down to the Country to decide who fills those places).

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Gerrard

IMPORTANT FORTHCOMING DATES

4 Dec	Plymouth Sports Awards	Thomas Daley, Kyle Prior, Tonia Couch and Plymouth Diving Team, all short listed for awards
9 December	PLYMOUTH DIVING CLUB CHAMPIONSHIPS & XMAS PARTY ALL LEVEL DIVERS/FAMILIES WELCOME TO PARTY	All divers in Novice Squad, Intermediate Squad & Age Group Squad, plus Elite Junior & Senior Teams.
14 Dec - 2 Jan	Sam holiday	
15-17 Dec	GB Champs & World Champs Trials, Manchester	Senior Squad
18-22 Dec	Development Days & private tuition available – other classes run as normal	
22 Dec	Last day of classes before Christmas break	
2007		
2 Jan	First day back after Christmas	
17-21 Jan	Australian Youth Olympic Festival, Sydney	tbc
2-4 Feb	JOP & JTP training camp, Sheffield	JOP/JTP divers
12-15 Feb	Half Term Courses – private tuition available (corrected date)	
16-18 Feb	Armada Cup, Plymouth	Tbc
18-25 Mar	World Champs, Melbourne	Selected GB divers
30 Mar-1 Apr	National Age Group Championships – CHANGED (split from skills)	Southampton
2-5 April	Easter Courses – private tuition available	
6-9 Apr	Good Friday to Easter Monday – programme closed	
10-13 April	Easter Courses – private tuition available	
12-14 Apr	JTP Camp	JTP divers
19-22 Apr	Aachen Junior International, Germany	JOP divers
30 Apr	Bank holiday – no diving	
28 May	Bank holiday – no diving	
29 May – 1 Jun	Elite Junior Nationals, Sheffield	Elite Junior Squad & some Seniors
6-8 July	Senior Nationals, Sheffield (venue changed)	Senior Squad
14-15 July	National Skills Finals, Plymouth – CHANGED (split from age grps)	Team selected nearer the time
25-29 July	Junior European Championships, Trieste, ITA	Selected GB Team
20-31 Aug	World Student Games, Bangkok, THA	Selected GB Team

Classes continue as normal throughout all holidays, unless indicated otherwise on this dates list.

COMPETITION & PARTY



DEVELOPMENT COMPETITION ENTRY FORM AND CHRISTMAS PARTY FORM

PLEASE COMPLETE AND
RETURN NO LATER THAN
MON 4th DEC 2006

PLYMOUTH DIVING DEVELOPMENT COMPETITION 9th DEC 2006

Diver name(s): Tel no:

I confirm the above diver will be participating in the Plymouth Diving Christmas Development Competition. I have enclosed £1 per diver entry fee (non-refundable).

Signed: Date: .../.../...

(divers do not have to take part in the competition to attend the party, or vice versa!)

Please do not submit forms without payment, or vice versa.

**ALL CHEQUES FOR ENTRY FEES AND PARTY, TO
PLYMOUTH DIVING PLEASE**

PARTY - EVERYBODY WELCOME!!

VENUE: Fursdon Leisure Centre
DATE: Saturday 9th December 2006
TIME: 7pm onwards

CHRISTMAS PARTY 9th DECEMBER 2006

Family name: Tel no:

Please reserve us tickets at £3 per person (under 5's free), non-refundable

We will bring a family sized plate of

**ALL U 18'S MUST BE ACCOMPANIED BY AN ADULT
(NOT A COACH, PLEASE DON'T ASK)**

Please do not submit forms without payment, or vice versa.

DEVELOPMENT COMP

9th December 2006

If your child wants to take part in the Christmas Development Competition **YOU MUST SUBMIT AN ENTRY FORM (or e-mail us) AND ENTRY FEE NO LATER THAN THE DEADLINE OF Monday 4th December (sorry for short notice).**

- » NO ENTRIES ACCEPTED AFTER DEADLINE OF 4th December
- » DIVERS SIGN IN ON BALCONY, 30 MINS BEFORE PUBLISHED START TIME (start time to be confirmed not later than Tuesday 5th December)
- » SIGN IN CLOSES, 15 MINS PRIOR TO START TIME
- » £5 FINE FOR DIVERS WHO ARRIVE AFTER SIGN IN TIME, BUT BEFORE EVENT START TIME
- » DIVERS WHO ARRIVE AFTER START TIME, CANNOT TAKE PART
- » DIVERS REQUIRED TO PAY £1 ENTRY FEE, WITH ENTRY FORM (cash or cheques, to Plymouth Diving)
- » TIMETABLE TO BE CONFIRMED AFTER 4th Dec (see diving pool balcony notice board, gym foyer notice board, or website, check e-mails or call for confirmed timings – THIS IS YOUR RESPONSIBILITY)
- » WE WILL START EVENTS AT 12PM

Party

Everyone is welcome to attend, divers, parents, siblings, friends. It's at Fursdon Leisure Centre, Estover. It's a closer venue, but is significantly more expensive to hire than Fort Stamford, so the party ticket price reflects this.

The cost of tickets are £3 per person (under 5's free), PLUS a family sized plate of food.

Ideas for food:

Pizza slices	Sausage rolls	Cocktail sausages	Doritos n dips
Raw veg & dips	Pasta salad	Dessert	Sandwiches
Chicken nuggets	Quiche	

Please fill in the attached form and bring form & ticket money into the office. DEADLINE for party forms is also Monday 4th December.

DEVELOPMENT COMPETITION - 9th DECEMBER 2006

NOVICE BOYS

Test 1: 12-12.25

Test 2: 2.40-3.05

ADLER Peter
BAILEY Stephen
BELL Daniel
COATH Laurence
HOLTON Ben
KENNEDY Gregory
KOWALSKI Ben
SMITH Harry
WOOD Charlie

NOVICE GIRLS

Test 1: 12.30-1pm

Test 2: 3.05-3.35

ALLAN Lucy
DONOGHUE Abigail
ELVER Laura
GRUBB Laura
HERBERT Abigail
NORFOLK Lauren
RANSOME Amy
SAGE Nicole
WALKER-HALL Jade
WATERS Hannah
WILLIAMS Emma
WOOD Milly

INTERMEDIATE MIXED

1.30-2.10

ALLAN Jane
BOYS Kyle
BUNSELL Jenny
COOKE Charles
COWEN Joanne
CUNNINGHAM Drew
DONOGHUE Charlotte
GLYNN Stephen
HERBERT Charlotte
KING Matthew
McGOWAN Henry
OLSEN Daniel
SHUTE Mark

AGE GROUP/ELITE CHALLENGE

2.10-2.40

BARROW Emma
GLOVER Harry
GLOVER Jack
HATHERLEY Elliott
HENDRICK Ashley
McDONALD Jenny
NEWTON Alex
TAYLOR Jessica
WALTERS Aaron

ORDER

NOVICE BOYS 1
NOVICE GIRLS 1
SENIOR LIST 1
INTERMEDIATE MIXED
AGE GROUP/ELITE CHALLENGE
NOVICE BOYS 2
NOVICE GIRLS 2
SENIOR LIST 2

**6 dives from 6 groups,
using 1m, 3m and platform
- tariff to count.**

SENIOR LIST

List 1: 1-1.25

List 2: 3.35-4pm

BARROW Sarah
COUCH Tonia
DALEY Thomas
GRADDON Brooke
PRIOR Kyle

**Choose 1 list to practice
for Senior Nationals,
platform or 3m - tariff to
count**

**Novice test 1: Fwd dive tucked poolside, back dive
straight poolside, 2 dives 1m, fwd line up and back
line up 3m**

**Novice test 2: Fwd dive tucked, inward dive tucked,
back dive tucked, reverse dive tucked (or repeat
back dive tucked), fwd somersault, or fwd 1½, 1m or
3m**

**Winner is the one who scores the highest on BOTH
lists added together**

**6 dives from 4 groups,
using at least 1m and 3m -
tariff to count.**