

# Jubbly 610

16<sup>th</sup> October 2006

## EXCELLENT WHITE ROSE RESULTS

**Well done everyone!!**

*Silver for Abi Herbert*

*Bronze for Amy Ransome*

*Team 7<sup>th</sup> overall with only 7 divers!!*

### WHITE ROSE

Abi Herbert and Amy Ransome, really came of age at the weekend. Their medals at the White Rose Novice event, heralded their first success on a diving stage.

There was also an amazing debut for Hanna Waters who has only been in a competitive Squad for a very short while and was competing at her first competition away from home. She finished in 9<sup>th</sup> in the 8-9 girls, with Abi Donoghue, in 8<sup>th</sup>. Both girls were extremely unlucky to miss out on finals places.

Laurence Coath's 12<sup>th</sup> place saw a remarkable 50 point improvement on his score at this event last year and

Ben Holton did well to finish 7 points behind in 16<sup>th</sup> place.

Lucy Allan moved up to an older age group, where she finished in 21<sup>st</sup> place, with a 10 point improvement on last year's score.

Well done everyone, we were extremely pleased with all these performances.

Well done to the divers and many thanks to Jane Donoghue who did a great job chaperoning the team.

The only disappointment is that we have finished first or second in the team event every year since the first White Rose in 1999 (with teams of between 15 and 35 divers).

Regularly used terms: JOP - Lottery Funded Junior Olympic Programme at World Class Potential level - the UK's top Juniors. Intermediate Group - divers working towards Grade 4 & 5. Advanced Group - divers that have passed Grade 5 & Board Skills 2. Squads competitive training groups. Novices - first rung of competitive ladder. Intermediate/Age Groups - next rung of competitive ladder. Elite Juniors - highest level domestic event for divers aged 9-18. Junior - 18 & under. Senior - all ages (where you will find our elite Olympic divers).

Diving balcony etiquette - Parents please do not coach your children or call them over during classes, Divers must be clothed and wearing shoes when on the balcony and if you are using still or video cameras, please sign the book at reception and ensure you only take footage of your own child.

Child Protection - Plymouth Diving's independent Welfare Officer, Kathy Hancock, 07759266042, Plymouth City Sports Child Protection Officer, Sam Grevett 01752 607206, ASA Swimline 0800 100 401

Useful references - [www.plymouthdiving.com](http://www.plymouthdiving.com) (everything you need to know about the programme, including newsletters and important documents/competition information etc), [www.britishswimming.org](http://www.britishswimming.org) (the governing body website)

Central Park Pool, Outland Rd,  
Milehouse, Plymouth PL2 3DG  
Tel: 01752 607206 Fax: 01752 607207  
E-mail: [plymouthdiving@aol.com](mailto:plymouthdiving@aol.com)  
[www.plymouthdiving.com](http://www.plymouthdiving.com)

Plymouth Diving are sponsored by:

  
**Gerrard**

**IMPORTANT FORTHCOMING DATES**

14-19 Oct	Intermediate & Advanced Group Assessment week	
21-29 Oct	Training Camp, Beijing	Thomas, Kyle & Andy
21-23 Oct	Southampton Invitational DEADLINE FOR PAYMENT – Mon 16 <sup>th</sup> Oct.	Cost information has gone out
24-27 Oct	Half Term Courses - -private tuition available	
25-28 Oct	JTP Training Camp, Berlin (selected divers)	Qualified divers & team staff
28 Oct	Halloween Flip n Fun competition & fancy dress party	ALL divers in Intermediate and Advanced Group and Novice Squad – ALL LEVEL DIVER/FAMILIES WELCOME TO PARTY
9-12 <sup>th</sup> Nov	FINA World Coaches & Judges Clinic, Athens	Sam
24-26 Nov	Luton Challenge	As Southampton
9 December	PLYMOUTH DIVING CLUB CHAMPIONSHIPS & XMAS PARTY ALL LEVEL DIVERS/FAMILIES WELCOME TO PARTY	All divers in Novice Squad, Development Team, Intermediate Squad & Age Group Squad, plus display Elite Junior & Senior Teams.
8-10 Dec	CAMO International, Canada	Selected JOP divers
14 Dec - 2 Jan	Sam holiday	Sam
15-17 Dec	GB Champs & World Champs Trials, Manchester	Senior Squad
22 Dec	Last day of classes before Christmas break	
<b>2007</b>		
2 Jan	First day back after Christmas	
17-21 Jan	Australian Youth Olympic Festival, Sydney	tbc
2-4 Feb	JOP & JTP training camp, Sheffield	JOP/JTP divers
12-15 Feb	Half Term Courses – private tuition available (corrected date)	
16-18 Feb	Armada Cup, Plymouth	Tbc

**Classes continue as normal throughout all holidays, unless indicated otherwise on this dates list.**

*Regularly used terms: JOP - Lottery Funded Junior Olympic Programme at World Class Potential level – the UK's top Juniors. Intermediate Group - divers working towards Grade 4 & 5. Advanced Group - divers that have passed Grade 5 & Board Skills 2. Squads competitive training groups. Novices - first rung of competitive ladder. Intermediate/Age Groups - next rung of competitive ladder. Elite Juniors - highest level domestic event for divers aged 9-18. Junior – 18 & under. Senior – all ages (where you will find our elite Olympic divers).*

*Diving balcony etiquette – Parents please do not coach your children or call them over during classes, Divers must be clothed and wearing shoes when on the balcony and if you are using still or video cameras, please sign the book at reception and ensure you only take footage of your own child.*

*Child Protection – Plymouth Diving's independent Welfare Officer, Kathy Hancock, 07759266042, Plymouth City Sports Child Protection Officer, Sam Greve 01752 607206, ASA Swimline 0800 100 401*

*Useful references – [www.plymouthdiving.com](http://www.plymouthdiving.com) (everything you need to know about the programme, including newsletters and important documents/competition information etc), [www.britishswimming.org](http://www.britishswimming.org) (the governing body website)*

Central Park Pool, Outland Rd,  
Milehouse, Plymouth PL2 3DG  
Tel: 01752 607206 Fax: 01752 607207  
E-mail: [plymouthdiving@aol.com](mailto:plymouthdiving@aol.com)  
[www.plymouthdiving.com](http://www.plymouthdiving.com)

Plymouth Diving are sponsored by:

  
**Gerrard**