

# Jubily 604

5<sup>th</sup> June 2006

## **6 golds, 3 silvers and 2 bronze from our 10 diver team at Elite Juniors 4 golds, 4 silvers and 4 bronze from our 6 diver team at the Senior Nationals & 4 divers are off on Junior & Senior international trips**

Kyle Prior, Tonia Couch and Sarah Barrow all booked themselves spots on the European and World Junior Championship teams, although Tonia is unlikely to make the trip to Palma for the Junior Europeans as she previously qualified for the Senior World Cup which is during the same month.

Despite a shaky prelim, in the Girls 16-18 platform, Tonia Couch (17) and Sarah Barrow (17) both stepped up a gear in the final and exceeded the World Class 400 points barrier, finishing first and second respectively. Amazingly, since 2001, only 6 British divers have ever gone over this score and 3 of them are from Plymouth.

Further demonstrating the depth of talent in the Plymouth programme in the girls 16-18 years platform event, Jenny McDonald (16) and Alex Newton (17) made it four out of six finalists for Plymouth.

Both Jenny and Alex have had an extremely good year on the grand prix circuit and Jenny continued on from her Northern Cross medal, with a superb score in the preliminary round of over 300 points.

The recent championships also heralded a spectacular return to form for 15 year old Kyle Prior who took comfortable victories in the 14-15 years boys 1m and 3m and finished second in the 14-15 years boys platform.

Twelve year old Thomas Daley, widely regarded as one of the most natural diving talents ever to set foot on a diving board, has proven yet again, just why he has that reputation, winning all 3 disciplines in his own age group, for the third year running.

Claire Wonnacott (18) was disappointed to not be joining her team-mates on the Junior European Team, however she still proved that she is one of the UK's leading Junior girls, winning a bronze medal in the 16-18 girls 1m and a silver in the Synchronised 3m, with Elizabeth Heald from Sheffield.

Regularly used terms: JOP - Lottery Funded Junior Olympic Programme at World Class Potential level - the UK's top Juniors. Intermediate Group - divers working towards Grade 4 & 5. Advanced Group - divers that have passed Grade 5. Squads competitive training groups. Novices - first rung of competitive ladder. Intermediate Age Groups - next rung of competitive ladder. National Age Groups - highest level domestic event for divers aged 9-18. Junior - 18 & under. Senior - all ages (where you will find our elite Olympic divers).

Diving balcony etiquette - Parents please do not coach your children or call them over during classes, Divers must be clothed and wearing shoes when on the balcony and if you are using still or video cameras, please sign the book at reception and ensure you only take footage of your own child.

Child Protection - Plymouth Diving's independent Welfare Officer, Kathy Hancock, 07759266042, Plymouth City Sports Child Protection Officer, Sam Grevett 01752 607206, ASA Swimline 0800 100 401

Useful references - [www.plymouthdiving.com](http://www.plymouthdiving.com) (everything you need to know about the programme, including newsletters and important documents/competition information etc), [www.britishswimming.org](http://www.britishswimming.org) (the governing body website)

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Ashleigh Thatcher (14) picked up a bronze medal in the girls 14-15 years platform. This is the second year running she has picked up a medal at this level.

Former gymnast, Rosalind Le Grys (15) was making her debut at this level and performed extremely well to finish 4<sup>th</sup> in the girls 14-15 years 1m. She was unlucky to miss a place in the final on 3m, finishing 7<sup>th</sup>.

Jessica Taylor (16), like Senior International and team-mate Brooke Graddon, is battling glandular fever and without any real preparation for the meet, she was unlucky to miss out on a finals place in the girls 16-18 years 1m, where she finished in 7<sup>th</sup>, just outside the top 6 finals spot.

It's fabulous to see that it's not just our divers on World Class Programmes who are able to mix it the best in the UK – this is a new, higher level of competition brought in following changes by the World governing body, FINA and despite this, 9 out of our 10 divers made it through to at least one final. This really is superb – well done everyone.

The weekend before this in Manchester, Our top 6 divers attended the Senior National Championships.

Kyle Prior won his first 18 & under junior title – the Boys 1m event and he won bronze in the Junior Boys platform.

Thomas Daley retained his Junior boys 3m title and finished 2<sup>nd</sup> in the Junior boys platform.

Tonia Couch was 3<sup>rd</sup> in the Womens Platform and retained her Junior title. She also won the womens synchronised platform with Stacie Powell from Southampton.

Brooke Graddon is really returning to form after a long battle with glandular fever, her score in the preliminary round was a personal best.

Sarah Barrow paired up with a new synchro partner (Monique McCarroll from Southampton) to finish 2<sup>nd</sup> in the women's synchronised platform event – she was also 2<sup>nd</sup> in the Junior Girls Platform.

Plymouth's international qualifiers over the past week from the Senior Championships in Manchester and the Junior Championships in Sheffield are:

**Tonia Couch (17):**  
Senior World Cup, Womens Synchronised Platform (with Stacie Powell, Southampton)  
Senior European Championships, Womens individual Platform  
Junior World Championships, Girls 16-18 years Platform

**Sarah Barrow (17):**  
Senior European Championships, Womens Synchronised Platform (with Monique McCarroll, Southampton)  
Junior European Championships, Girls 16-18 years Platform  
Junior World Championships, Girls 16-18 years Platform

**Brooke Graddon (19):**  
Senior European Championships, Womens individual Platform

**Kyle Prior (15)**  
Junior European Championships, Boys 14-15 years 1m, 3m & platform  
Junior World Championships, Boys 14-15 years 1m, 3m and platform

Junior European Championships, Palma, 1-5<sup>th</sup> July  
Junior World Championships, Kuala Lumpur, 16-29<sup>th</sup> August  
Senior World Cup, Changsu, China, 9-25<sup>th</sup> July  
Senior European Championships, Budapest, 28<sup>th</sup> July to 5<sup>th</sup> Aug

### **WELL DONE EVERYONE!**

**A huge thank you to Kathy Hancock who chaperoned the Senior Championships and to Lesley McDonald and Tina Thatcher who chaperoned the Elite Juniors – a great job as always. Thanks.**

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## IMPORTANT FORTHCOMING DATES

2-11 June	Andy on holiday	Andy
16-18 June	JOP/JTP National Camp	Selected JOP divers
17 June	South West Regional Age Groups – PLYMOUTH	Divers from Intermediate & Age Grp Sqd, Dev Team, & Elite Juniors
28 Jun to 6 Jul	Junior Europeans, Palma	Kyle, Sarah, Sam & Andy
9-25 July	FINA World Cup, Nanjing, China (including pre-camp)	Tonia
14-17 July	National Skills Finals & National Age Group Championships, Leeds Info out 10 <sup>th</sup> May	Divers from Nov, Intermediate, Age Grp Sqd, Dev Team
28 July-7 Aug	Senior European Championships, Budapest	Tonia, Brooke, Sarah, Andy
31 Jul – 4 Aug	JTP & Group C JOP Camp, Leeds	Thomas
16-29 Aug	Junior World Championships, Kuala Lumpur	Tonia, Kyle, Sarah, Andy, Sam
13-15 Oct	White Rose Novices, Leeds – NOTE DATE CHANGE	Divers from Nov & Int Squads
21-29 Oct	Training Camp, Beijing (selected JOP divers)	Qualified divers & team staff
25-28 Oct	JTP Training Camp, Berlin (selected divers)	Qualified divers & team staff
28 Oct	Halloween Flip n Fun competition & fancy dress party	ALL divers in Intermediate and Advanced Group and Novice Squad – ALL LEVEL DIVER/FAMILIES WELCOME TO PARTY
21-23 Oct	Southampton Invitational	Divers from Intermediate Sqd, Dev Team, Age Group Sqd, Elite Juniors & Senior Team
24-26 Nov	Luton Challenge	As Southampton
9 December	PLYMOUTH DIVING CLUB CHAMPIONSHIPS & XMAS PARTY ALL LEVEL DIVERS/FAMILIES WELCOME TO PARTY	All divers in Novice Squad, Development Team, Intermediate Squad & Age Group Squad, plus display Elite Junior & Senior Teams.
8-10 Dec	CAMO International, Canada	Selected JOP divers
14 Dec - 2 Jan	Sam holiday	Sam
15-17 Dec	GB Champs & World Champs Trials, Manchester	Senior Squad
17-21 Jan	Australian Youth Olympic Festival, Sydney	tbc
2-4 Feb	JOP & JTP training camp, Sheffield	JOP/JTP divers
16-18 Feb	Armada Cup, Plymouth	tbc
18-25 Mar	World Champs, Melbourne	Selected GB divers
6-9 Apr	Good Friday to Easter Monday – programme closed	
12-14 Apr	JTP Camp	JTP divers
19-22 Apr	Aachen Junior International, Germany	JOP divers
30 Apr	Bank holiday – no diving	
28 May	Bank holiday – no diving	
29 May – 1 Jun	Elite Junior Nationals, Sheffield	Elite Junior Squad & some Seniors
6-8 July	Senior Nationals, Manchester	Senior Squad
13-16 July	National Age Group & Skills Finals, Plymouth	Team selected nearer the time
25-29 July	Junior European Championships, Trieste, ITA	Selected GB Team
20-31 Aug	World Student Games, Bangkok, THA	Selected GB Team

**Classes continue as normal throughout all holidays, unless indicated otherwise on this dates list.**

